

Congressman Gil Gutknecht

congressional internships

What does an intern do?

Congressman Gil Gutknecht offers First District students the experience of a congressional internship in either his Washington, DC, office, or in his Rochester, Minnesota, office.

Interns are provided an opportunity to observe and participate in the legislative process as well as to learn the workings of constituent services through a variety of activities. Duties include, but are not limited to:

Legislative research, constituent correspondence, casework correspondence, guiding Capitol tours, answering phone and office duties as assigned.

Who is eligible?

To participate in our internship program, the applicant must be a student or professional interested in the legislative process. Previous experience is not necessary; however, the applicant must be highly motivated, possess initiative, have strong oral and written communication skills, sound organizational skills and display the professionalism appropriate to a congressional office.

How do I apply?

Interested applicants should send a current resume and cover letter to:

Congressman Gil Gutknecht
ATTN: Stephanie Brand
425 Cannon House Office Building
Washington, DC 20515

Resumes may also be sent via e-mail to stephanie.brand@mail.house.gov.

Please include which office, whether Washington or Rochester, you are interested in as well as the dates you are available.